THE DENTAL ADVISOR

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ZOOM! Advanced Power Chairside Whitening System Effect of ZOOM! Advanced Power Lamp on Whitening

Discus Dental, Inc. 800.422.9448 • 310.845.8200 www.discusdental.com



Description

ZOOM! Advanced Power Whitening System is a light-assisted, in-office, tooth whitening system. The **ZOOM!** procedure utilizes three, 15-minute applications of 25% hydrogen peroxide gel in conjunction with the ZOOM! Advanced Power Lamp. The latest version of the lamp, Advanced Power, has been modified to include a new, high-output, sodium-free, short-arc bulb; advanced optical alignment; intuitive LCD control panel; locking casters; and a sleek, ergonomic design that folds down for easy storage. The Chairside Whitening Procedure Kit comes in a dual pack containing two individually sealed procedure trays, two plastic cases for take-home trays, gauze and two light guides. Each tray includes instructions, two pre-treatment swabs; two 1.3g syringes of Liquidam Dental Dam; protective lip cream; vitamin E oil; a paint brush, two

face bibs, one syringe of *Relief ACP* desensitizing gel, and a 2.4-g syringe of touch up material. Touch up options include; *DayWhite ACP, NiteWhite ACP or NiteWhite ACP Turbo*. Retractors are sold separately.

Clinical Evaluation Protocol

- Seventeen patients received ZOOM!
 Advanced Power Whitening System using the new ZOOM! Advanced Power Lamp.
- Eleven patients received ZOOM! Advanced Power Whitening System without use of the lamp.
- All patients had a start shade of Vita A3 or darker, and no tetracycline stains were treated.
- "Before" and "After" shades were taken on each patient using the Vita Classic valuearranged shade guide. The shade change immediately following the in-office procedure was recorded.

continued on back

CLINICAL RESULTS: BEFORE AND AFTER





REPRINT

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Ratings

Very Good ++++

Good +++

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All patients were recalled at 7-10 days and again at 30 days after the in-office procedure to evaluate final shade and patient satisfaction. Patients were given a survey and asked to rate the effectiveness of treatment, sensitivity, satisfaction, and their overall opinion of the treatment.

Clinical Observations

- I. Shade Change Immediately Following Zoom! In Office Bleaching Treatment
- II. Shade Change 7-10 Days After Zoom! In-Office Bleaching Treatment
- III. Shade Change 30 Days After Zoom! In-Office Bleaching Treatment

	Average Shade Change – Maxillary	Average Shade Change - Mandibular
Advanced Power Lamp No Lamp	7.6 (1.8)° 5.7 (2.0)	7.1 (1.7) 6.2 (1.8)
II. Shade Change 7-10 I	Days After Zoom! In-Office B	leaching Treatment
	Average Shade Change – Maxillary	Average Shade Change - Mandibular
Advanced Power Lamp	5.9 (1.8)*	5.9 (2.1)
No Lamp	4.7 (2.1)	5.0 (2.4)
III. Shade Change 30 De	ays After Zoom! In-Office Ble	eaching Treatment
	Average Shade Change – Maxillary	Average Shade Change - Mandibular
	6.4 (2.0)*	5.8 (2.0)
Advanced Power Lamp	0.4 (2.0)	2.0 (2.0)

Overall, patients who received treatment with the ZOOM! Advance Power Lamp were more satisfied with the results of their in-office whitening treatment when compared to those patients who received the whitening treatment without the lamp. Patients who received treatment with the ZOOM! Advance Power Lamp had a higher rate of satisfaction and found the treatment to be more effective.

However, patients who received treatment with the lamp also reported more sensitivity during treatment. Many patients reported the lamp was too intense and produced a burning sensation.

Conclusions

Whitening with use of the ZOOM! Advanced Power Lamp resulted in a greater shade change compared to whitening without the lamp immediately after treatment, after 7-10 days, and after 30 days. Results immediately after whitening and at 30 days with the use of the ZOOM! Advance Power Lamp showed that maxillary teeth on average were 1.9 shades lighter and mandibular teeth were 0.7 shades lighter as compared to whitening without the lamp.



